

Coaching Consulting & Advisory Speaking "Kate has the most unique blend of worldly, hard-edged experience combined with such generosity of spirit and warmth. that she has impact and influence wherever she goes. Whether you are looking for Kate to provide coaching, consulting support, or indeed a keynote speech – she will undoubtedly help you and your team reach their potential." – General Counsel & Chief Legal Officer ASX Top 50

Kate is adept at connecting with people to ignite, enable and energise leaders to strengthen their positive sense of self value and strengths to drive business and personal outcomes. She believes "When we have the courage to show up as ourselves and consistently do so, we inspire others to engage and follow. This creates a community where all people can grow and thrive."



SPEAKING & EVENTS

Kate draws on a deep well of leadership and life experiences to connect, energise and inspire people to realise their potential. Prior to speaking, Kate partners with organisers to understand her audience and the outcomes desired to ensure impact.

- Leading with EQ: A personal leadership journey
- Women's Leadership: Enabling ambition and belief
- Resilience: Energising ourselves to energise workplace culture
- Business transformation: Communicating is caring
- New world growth: Activating the abundance mindset
- Trust: Building courageous and growth cultures in high pressure environments

Some of Kate's recent speaking events:

- International Women's Forum Australia Emerging Leaders Program: Keynote and follow up workshop with participants
- EY Women in Financial Services Leadership and Resilience Seminar: Keynote
- National HR Directors Summit: Keynote
- IWD address Avanade: Keynote
- International Women's Forum Global President's Council: Keynote and interactive learning presentation
- American Australian Chamber of Commerce: Keynote on Inclusive Cultures

hello@selfenergy.net.au selfenergy.net.au